



HUR FREETRAINER

EXERCISE PANEL

For a holistic training experience
register and track equipment-free exercises in your training program



Make every exercise count by completing your HUR SmartTouch setup with the **HUR FreeTrainer Exercise Panel**

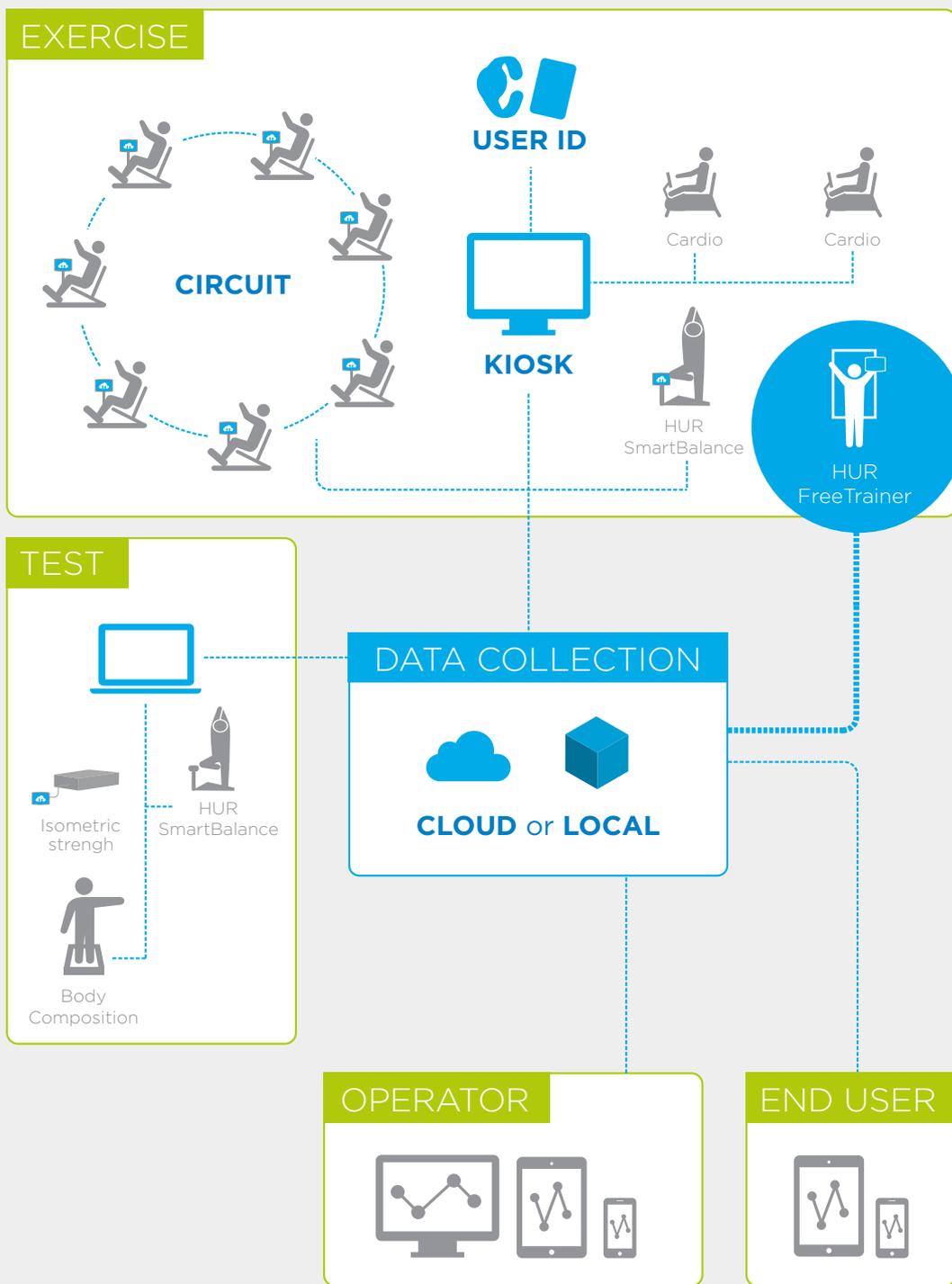
Capture every exercise with the HUR FreeTrainer Exercise Panel. The perfect complement to your HUR SmartTouch set up, the FreeTrainer allows you to track equipment-free exercises in the same training plan. [HUR FreeTrainer exercise panel makes it easy to include functional training, balance, flexibility, and other non-equipment exercises in a comprehensive outcome-based data tracking system.](#)

The HUR FreeTrainer can be placed on a wall next to a free training area in the gym or clinic. It makes the workout convenient and paper-free with easy-to-follow instructions and automated synchronization with the HUR SmartTouch system.



One customer profile with all the exercises and collected data maximizes the training experience and possibilities for every individual user.

- Through a simple swipe of a wristband, each user's complete training plan displays on the easy to read touch screen.
- The panel guides users through their program with clear written and visual instructions for each exercise
- Users can mark each exercise as complete and record the activity.
- Synchronizes with HUR SmartTouch, making it easy for users to follow their program and see their progress
- Trainers can easily add in new activities to support individual training program



HUR SmartTouch Ecosystem



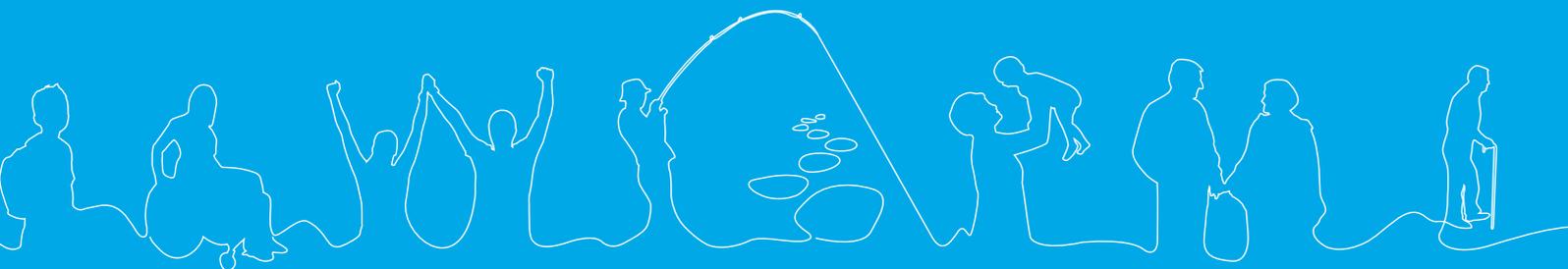
HUR FreeTrainer is a part of the HUR SmartTouch Ecosystem. By adding FreeTrainer to your HUR SmartTouch setup you are taking the training experience to the next level, in the spirit of the continuing mission *For Lifelong Strength*.



YOUR PARTNER FOR LIFELONG STRENGTH

Strength and balance are key factors for a long, happy and independent life.

The world-leading HUR scientific solutions consisting of intelligent equipment and software offer a smart and enjoyable training and rehabilitation experience that provide results. The effect is evident in the well-being of the user, the easy and motivating work processes for the instructor, and in the efficiency and profitability for the facility owner.



Ab HUR Oy Patamäentie 4, 67100 Kokkola, Finland / Tel. +358 6 832 5500 / sales@hur.fi

www.hur.fi